

# FOLLOW

Have your newer person choose a difficult path or a challenge course to complete together. This “walk the talk” meeting is to model persistence and obedience.

\*Follow through encouraging one another during and after the walk.

\*Follow through with prayer by thanking God for his actions and encouragement How can we allow God to help us even more?

\*Follow through by asking your faith partner to make you a one-step plan for homework that you will do before the next time. (Do it!)

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2 Kings 22:1-6

# MOVE

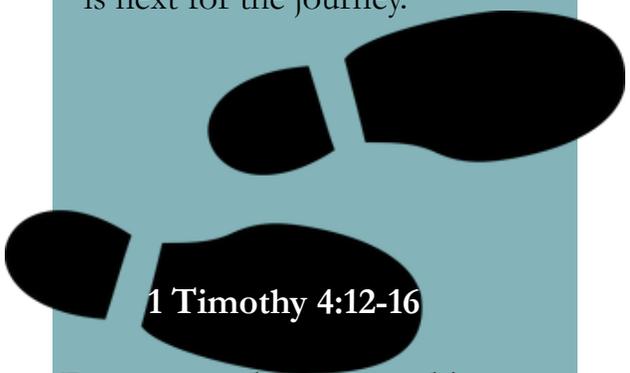
Ask your new faith partner to invite someone new to join you. This “walk the talk” celebration is to model leadership and joy.

\*Move forward by having your newer two journeyers plan and lead the walk in new ways.

\*Move forward by asking your faith partner to talk about the adventures in previous walks.

\*Move forward to tell what you learned and enjoyed, including the step you did for homework.

\*Move forward by having the others pray for and decide what is next for the journey.

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1 Timothy 4:12-16

For more on how to use this contact [cartwrightteryl@gmail.com](mailto:cartwrightteryl@gmail.com)

# Five Walks in Faith

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Luke 10:1-2

*Mentoring on the Move*

One on One with  
Children, Youth, or New Christians

The Institute For Discipleship

# PRAY

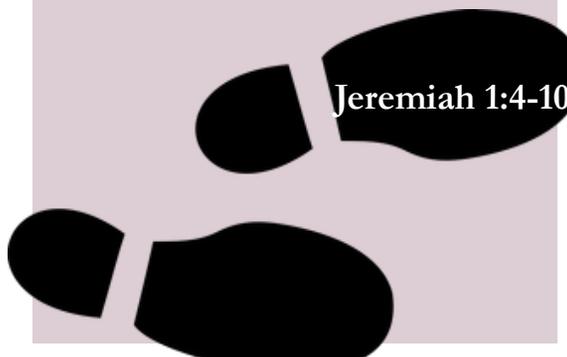
Whether you hike, ride, skate, or jog, this “walk the talk” session is to model listening and caring.

\*Pray with your new faith partner, allowing this person to lead the direction of the walk and prayers. Discover who or what your partner wants to pray for and why

\*Pray with the viewpoint from the newer person: What do you think comes first in prayer? What are prayers for?

\*Pray with Bible verses said aloud: How is scripture prayer?

\*Pray with appreciation of the other person in your journey.



Jeremiah 1:4-10

# OPEN

Choose a different route or a way to travel, even if you walk backwards or sideways. This “walk the talk” time is to model risk-taking and trust giving.

\*Open up with prayer. How can it be more open than before?

\*Open up your senses. What did you see, hear, smell, taste, touch that was unexpected today?

\*Open up to ask for ideas on how you or others could help the community in ways that are new or different.

\*Open up to providing space that is about play or celebrating this time together with God.



2 Kings 5:1-4

# STAND

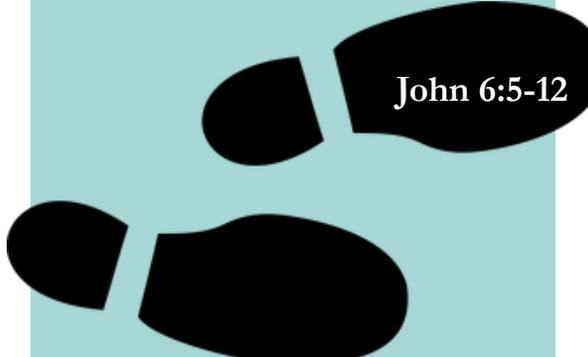
Take the same route but add stops and detours. This “walk the talk” experience is to model giving and adapting.

\* Stand out by remaining still to offer prayer and pausing the walk at times.

\*Stand out by giving a new twist on how to walk together such as cleaning litter as you go or taking to greet others.

\*Stand out by letting your newer person come up with the questions that you must answer about God and serving others.

\*Stand out by telling stories of how someone stood out for being strong, loving, or helpful.



John 6:5-12